

Imago Relationship Therapy

Two Day Training 2019

A specialist training in working with couples

HAMILTON AUCKLAND TAURANGA WELLINGTON PALMERSTON NORTH



"No matter if you are working with individuals or couples, you will be working with relationships. Learn how to intervene with skill and attunement."
Brenda Rawlings

HAMILTON

(Houchin House)

25/26 March 2019 Mon/Tues

AUCKLAND

(St Columba Centre, Ponsonby)

03/04 May 2019 Fri/Sat

TAURANGA

(Wesley Methodist Church)

10/11 May 2019 Fri/Sat

WELLINGTON

(St Andrews on The Terrace)

17/18 May 2019 Fri/Sat

PALMERSTON NORTH

(Hancock Community House)

20/21 May 2019 Mon/Tues

Also available in Sydney and Melbourne

TIME: 9am-5pm

FEES:

\$395 Early Bird
(one month prior)
or \$450 Std Fee

About The Two Day Training

The aim of this training is to improve your effectiveness in working with couples. Imago Relationship Therapy (IRT) is a coherent, comprehensive and dynamic theory and practice, offering an effective, research-based method for working with couples. Learn how to offer couples systematic, structured support to transform painful dynamics, create safety and connection, and increase passion, whilst guiding them toward greater understanding of their attachment and other developmental needs. There is an option, following this Two Day Training to participate in further training to become a Certified Imago Therapist.

How Will You Benefit?

- Gain an overview of the theory and practice of Imago Relationship Therapy, including demonstration and practice of Imago Dialogue.
- Learn clear steps for relationship repair.
- Coach attuned, connectional experiences for couples
- Enable couples to understand their journey from romantic love through to disconnection, frustration and conflict, and to restore connection, passion and hope.
- Gain in-depth understanding of relationship dynamics from both an attachment and developmental perspective.
- Incorporate developments in clinical research and neuroscience into your work with couples
- Learn how to hold couples safely in processes which offer them the opportunity and capacity to make sense of their negative interactional cycles.

Presented by

Brenda Rawlings (MNZAC)

Clinical Instructor, Imago International Institute

Learn with one of New Zealand's leading relationship experts. Brenda has been specialising in working with couples since 1998 and she presents Imago Clinical Training for Psychologists, Psychotherapists and Counsellors in both New Zealand and Australia. Her trainings have also been well received internationally. She was Dean of the Imago International Institute (USA) from 2012 to 2017 and recipient of the Harville Hendrix Award for Clinical Excellence. She has also participated in trainings in most major couples modalities and brings this expertise into this dynamic two day training.



TO REGISTER Two Day Training Registration

MORE INFORMATION info@relationships.co.nz www.relationships.co.nz

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