



Waka Oranga (Inc.)

National Collective of Māori
Psychotherapy Practitioners
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WAKA ORANGA

REPORT TO NZAP AGM, 23 MARCH 2019

TE WHANGANUI-A-TARA

Tuatahi ka mihi ki te Wairuatanga kei waenganui i a tātou; ki te Atau i runga rawa.

E tika anā ki te mihi atu ki a rāotu kua wehe atu ki te po kua hoki ki nga ringa aroha a tātou tupuna.

Ki a rātou mai te whānau Mohameta kua kohurutia kei Ōtautahi i tērā wiki

Me nga aituatanga katoa huri runa i te motu

Kia rere tā mātou aroha, roimata, hupe mo koutou

Ki nga whanau i raro i te kapua pouri, koutou kei Ōtautahi, ko koutou i tangi ko tātou katoa

Na reira e nga mate moe mai, moe mai, moe mai rā.

Waiho rātou kia tiwhana nei, mo mātou ki konei nga kaihoe o te Waka Oranga takatu ai te mahi.

Ki nga maunga tipua me nga wai tapu o tēnei takiwā o Te Whanganui-a-Tara kei Te Upoko o Te Ika, kei te mihi.

He tika hoki ki te mihi ki te mana whenua kei a rātou i huaki i a rātou nei kuaha, ngakau kia āhei mātou nga iwi ke kia tau mai ki runga i ēnei whenua tapu.

The spirit of love holding us in our grief for our loved ones who have flown to the night; holding our Muslim whanau who were callously murdered in Ōtautahi Christchurch, our prayers for all whanau grieving across this whenua Aotearoa New Zealand.

To the generous spirit of Mana Whenua who have opened their doors and hearts hosting us in this beautiful land.

Nā reira e āku rau rangatira

Tēnā koutou! Tēnā koutou! Tēnā tātou katoa

Held by our beloved kaumatua and kuia, Haare Williams and Hinewirangi Kohu Morgan, all those in the Waka remain loyal and committed to fulfill the kaupapa of Waka Oranga; offering healing and wholeness to tangata whenua.

This past year we bade the fondest of farewells to our brother Wiremu Woodard from the role of Chair after many years of extraordinary service to our Waka, to Māori psychotherapy and to Indigenous psychotherapies worldwide.

We also bade farewell from the rūnanga to our pākehā sister, Fay Lilian, who has generously and compassionately shared herself and her remarkable set of organisational skills with us during the vital stage of our establishment. Tēnā koe e te whaea.

We welcome Sheila Larsen who has been co-opted on to the Rūnanga, taking up a position as the bridge and active interface with our Tiriti partner NZAP.

We have the distinct privilege of welcoming Gina O'Neill (Ngāti Rangitane, Ngāti Kahungunu) onto the Rūnanga. Gina is a registered psychotherapist, supervisor and educator living and working in Sydney, Australia. She is an exciting new addition to the Rūnanga.

We are thrilled that Rui Stewart continues in the important role as our administrator.

The special edition of Ata, celebrating Waka Oranga's 10th Anniversary, is in progress. We look forward to welcoming that publication later in the year.

Two Poutama were held over the past year. In Te Whanganui-a-Tara, Margaret Morice presented *Towards a Māori Psychotherapy: the relevance of Core Relational Concepts from Te Ao Māori*.

Verity Armstrong, Anna Fleming and Mischelle Tohu gave an impressive presentation on *He Māori Ia: Unity in Diversity*.

Earlier this month, our kuia Hinewirangi, who has a longstanding association with NZAP, was welcomed as a full member via He Ara Māori pathway. Her supervisor Jonathan Fay expressed his deep admiration of the way Hinewirangi was able to effortlessly weave western models of psychotherapy into an indigenous framework. He summed up their journey together as, "One small step for Hinewirangi and one giant step for psychotherapy."

Anna Fleming will be presenting and contributing a Te Ao Māori perspective on attachment at the David Wallin Seminar being held in Te Whanganui-a-Tara.

Waka Oranga have been invited to meet with PBANZ. This hui will take place at Whaiora Marae in May.

Looking to the future and in much the same way as NZAP is in the process of self-review, the Rūnanga will take time this year to wananga, the third since the inception of Waka Oranga twelve years ago. This will be a welcomed, long overdue gathering; a time for reflection, integration and recalibration of the Waka.

Despite the many wero we face, the tautoko we continue to receive, both within and without the Waka provide the necessary sustenance for us to keep going. Our heartfelt thanks and gratitude to you all is acknowledged.

Finally, we are looking forward to guiding our waka through more enlightened and hopeful times.

No reira, tēnā koutou, tēnā koutou, tēnā tatou katoa.

Cherry Pye & Margaret Morice

Co-chairs, Waka Oranga