

Intimacy

A Workshop on Couples Therapy

WHEN:

Wellington: Sept 28th/29th

9.30am - 4.30pm

Dunedin: October 12th/13th

9.30am - 4.30pm

COST:

Early Bird \$360

(until early September)

Student/Member: \$380

Full Fee: \$420

(from early September)



[Purchase Tickets Here](#)



Sold Out Last 2 years in Australia!

This 2 day informative, interactive and experiential workshop will offer therapists an understanding of working with couples from a Gestalt and Emotional Focused Therapy (EFT) perspective.

It will provide participants with knowledge on the emotionally focused and attachment oriented approaches of EFT weaved through the phenomenological, dialogic and relational aspects of Gestalt couples therapy.

Participants will be supported with practical and experiential exercises in developing their therapeutic practice. It will, furthermore, support participants in understanding how effective couples therapy can assimilate somatic, systemic and behavioral interventions in enriching a diverse approach to therapy and in working with complex couples issues.

To deepen and support learning, the workshop will include live demonstrations of couples therapy with a local couple by the facilitator!

This workshop will benefit you:

- *To feel more confident in handling couples therapy sessions and dealing with conflictual couples*
- *To avoid the common traps that therapist fall into in couples therapy, supporting your clients to get the most out of their session*
- *To build more success in your couples therapy*

Your Presenter:

Sean Tonnet (MGest, BSocSc, ADip Welfare) has been working with people for over 25 years and as a full time therapist, clinical supervisor and group facilitator for the past decade. Based in Northern NSW, Australia his reputed and respected practice reflects his comprehensive training in Gestalt therapy, EFT for couples and group leadership. Specialising in relationships, Sean has over 6000 case hours working with couples. He melds creative relational Gestalt methods and contemporary psychotherapy, neurobiology and mindfulness practices within a safe and sacred space. His work has been reviewed on radio, television and in print, making him a highly sort after relationship therapist within Australia. Don't miss this opportunity to train with a leading couples therapist!