

QPR New Zealand invites you to an upcoming seminar:

Advanced Suicide Risk Management & Triage' Auckland Presented by Louisa Walker PhD

QPR is an **internationally-renowned**, **peer-reviewed** and **evidence-based** suicide prevention training programme designed to train healthcare professionals in how to provide competent suicide risk detection, initial assessment, and intervention to prevent the risk of a suicide attempt.

Many professionals have a high degree of on-the-job exposure to patients with suicidal behaviours, both in the pre-attempt phase (when suicidal persons are communicating suicide intent and desire via suicide warning signs), and after a suicide attempt.

QPR Suicide Screening and Triage training includes training on the use of a structured interview process to gather data that flows into a 'decision tree'. This then leads the interviewer to establish a crisis management plan or intervention for the person who is at risk for suicide.

This triage process is a systematic and evidence-based process for determining level of risk and the subsequent level of intervention required. It also helps determine the need for, plan and carry out a referral for further evaluation and or treatment.

The QPR Advanced Suicide Risk Management and Triage seminar covers:

- Size and scope of suicide in New Zealand
- Risk factors for suicide
- Relationship of mental illness to suicide
- Current status of suicide risk assessment
- How to Question suicidal persons
- How to Persuade them to accept help
- How to Refer them to resources
- How to determine immediate risk for suicide
- Learning "How to Ask the Suicide Question"
- Learning triage questions, rationale and samples



"I would like to express my sincere gratitude for the skills and knowledge that you passed onto me at the QPR training. The week following attending your programme I was able to assist in saving the life of a 14yr old girl. Without this training I'm not sure that things would have unfolded as straight forwardly as they did. I felt so empowered to know that I had done everything I could. Thank you thank you thank you".

Kellie PriestPublic Health Nurse

Where: Saint Columba Centre
40 Vermont Street
Ponsonby
Auckland

Date: Thursday 3 October 2019

Time: 8.30am - 4.30pm

Morning tea, lunch & afternoon tea included

Course investment: \$320 including GST (includes course workbook and other resources)

If you have any enquiries, please feel free to call us on: 0800 448 909
We look forward to seeing you there!

QPR New Zealand