

QPR New Zealand invites you to an upcoming seminar:

**Advanced Suicide Risk Management &Triage**

**Wellington**

Presented by Louisa Walker PhD

QPR is an **internationally-renowned, peer-reviewed** and **evidence- based** suicide prevention training programme designed to train healthcare professionals in how to provide competent suicide risk detection, initial assessment, and intervention to prevent the risk of a suicide attempt.

Many professionals have a high degree of on-the-job exposure to patients with suicidal behaviours, both in the pre-attempt phase (when suicidal persons are communicating suicide intent and desire via suicide warning signs), and after a suicide attempt.

QPR Suicide Screening and Triage training includes training on the use of a structured interview process to gather data that flows into a ‘decision tree’. This then leads the interviewer to establish a crisis management plan or intervention for the person who is at risk for suicide.

This triage process is a systematic and evidence-based process for determining level of risk and the subsequent level of intervention required. It also helps determine the need for, plan and carry out a referral for further evaluation and or treatment.

**The QPR Advanced Suicide Risk Management and**

**Triage seminar covers:**

* Size and scope of suicide in New Zealand
* Risk factors for suicide
* Relationship of mental illness to suicide
* Current status of suicide risk assessment
* How to Question suicidal persons
* How to Persuade them to accept help
* How to Refer them to resources
* How to determine immediate risk for suicide
* Learning “How to Ask the Suicide Question”
* Learning triage questions, rationale and samples

*“I would like to express my sincere gratitude for*

*the skills and knowledge that you passed onto me at the QPR training. The week following attending your programme I was able to assist in saving the life of a 14yr old girl. Without this training I’m not sure that things would have unfolded as straight*

*forwardly as they did. I felt so empowered to know that I had done everything I could. Thank you*

*thank you thank you”.*

**Kellie Priest**

Public Health Nurse

**Where:** Meetings on the Terrace

152 The Terrace, Wellington

**Date:** Wednesday 20th November 2019

**Time:** 8.30am – 4.30pm

Morning tea, lunch & afternoon tea included

**Course investment:** $320 including GST (includes course workbook, videos and other resources)

**If you have any enquiries, please feel free to call us on:** 0800 448 909

We look forward to seeing you there!

[www.qpr.org.nz](http://www.qpr.org.nz/)