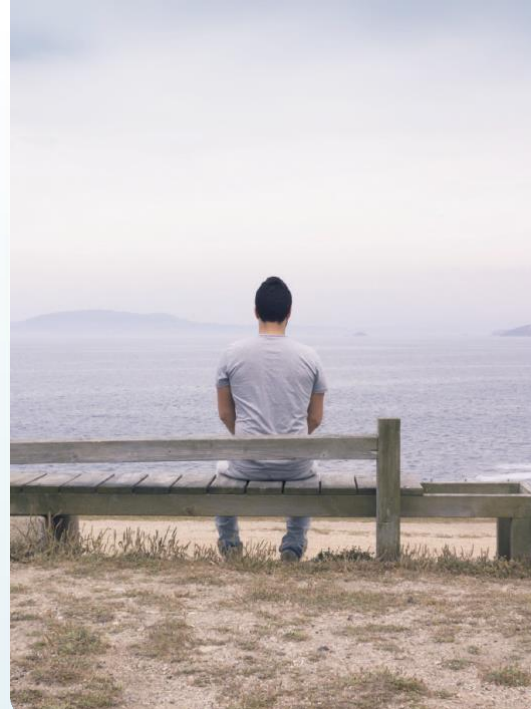




QPR New Zealand invites you  
to an upcoming seminar:



## Advanced Suicide Risk Management & Triage Wellington

Presented by Louisa Walker PhD

QPR is an **internationally-renowned, peer-reviewed and evidence-based** suicide prevention training programme designed to train healthcare professionals in how to provide competent suicide risk detection, initial assessment, and intervention to prevent the risk of a suicide attempt.

Many professionals have a high degree of on-the-job exposure to patients with suicidal behaviours, both in the pre-attempt phase (when suicidal persons are communicating suicide intent and desire via suicide warning signs), and after a suicide attempt.

QPR Suicide Screening and Triage training includes training on the use of a structured interview process to gather data that flows into a 'decision tree'. This then leads the interviewer to establish a crisis management plan or intervention for the person who is at risk for suicide.

This triage process is a systematic and evidence-based process for determining level of risk and the subsequent level of intervention required. It also helps determine the need for, plan and carry out a referral for further evaluation and or treatment.

### The QPR Advanced Suicide Risk Management and Triage seminar covers:

- Size and scope of suicide in New Zealand
- Risk factors for suicide
- Relationship of mental illness to suicide
- Current status of suicide risk assessment
- How to Question suicidal persons
- How to Persuade them to accept help
- How to Refer them to resources
- How to determine immediate risk for suicide
- Learning "How to Ask the Suicide Question"
- Learning triage questions, rationale and samples

*"I would like to express my sincere gratitude for the skills and knowledge that you passed onto me at the QPR training. The week following attending your programme I was able to assist in saving the life of a 14yr old girl. Without this training I'm not sure that things would have unfolded as straight forwardly as they did. I felt so empowered to know that I had done everything I could. Thank you thank you thank you".*

**Kellie Priest**  
Public Health Nurse

**Where:** Meetings on the Terrace 152 The Terrace, Wellington

**Date:** Wednesday 26<sup>th</sup> February 2020

**Time:** 8.30am – 4.30pm  
Morning tea, lunch & afternoon tea included

**Course investment:** \$320 including GST (includes course workbook, videos and other resources)

**If you have any enquiries, please feel free to call us on:** 0800 448 909

We look forward to seeing you there!

**QPR**  
New Zealand  
[www.qpr.org.nz](http://www.qpr.org.nz)