



# Trauma Education

presented by Dr Leah Giarratano

Leah is a doctoral-level clinical psychologist and author with vast clinical and teaching expertise in CBT and traumatology since 1995

Two highly regarded trauma focused programs for all mental health professionals. Offered in Australia and New Zealand and internationally as a self-paced online program or via 2-day livestream

## Clinical skills for treating post-traumatic stress disorder

### Treating PTSD: Day 1 - 2

This two-day program presents a highly practical and interactive workshop (case-based) for treating traumatised clients; the content is applicable to both adult and adolescent populations. The techniques are cognitive behavioural, evidence-based, and will be immediately useful and effective for your clinical practice. In order to attend Treating Complex Trauma (Day 3-4), participants must have first completed this 'Treating PTSD' program.

- 1/2/21 to 1/5/21 self-paced online INT
- 4-5 March 2021 Livestream AEDT
- 1/4/21 to 1/7/21 self-paced online INT
- 3-4 June 2021 Livestream AEST
- 17-18 June 2021 Livestream NZST
- 1/7/21 to 1/10/21 self-paced online INT
- 7-8 September 2021 Auckland CBD
- 1/10/21 to 1/1/22 self-paced online INT

Please refer to our website for other offerings

## Clinical skills for treating complex traumatisation

### Treating Complex Trauma: Day 3 - 4

This two-day program focuses upon phase-based treatment for survivors of child abuse and neglect. Applicable to both adult and adolescent populations, incorporating practical, current experiential techniques showing promising results with this population; drawn from Emotion focused therapy for trauma, Metacognitive therapy, Schema therapy, Attachment pathology treatment, Acceptance and Commitment Therapy, Cognitive Behaviour Therapy, and Dialectical Behaviour Therapy.

- 1/2/21 to 1/5/21 self-paced online INT
- 11-12 March 2021 Livestream AEDT
- 1/4/21 to 1/7/21 self-paced online INT
- 10-11 June 2021 Livestream AEST
- 24-25 June 2021 Livestream NZST
- 1/7/21 to 1/10/21 self-paced online INT
- 9-10 September 2021 Auckland CBD
- 1/10/21 to 1/1/22 self-paced online INT

Please refer to our website for other offerings

**Fees:** Day 1-2 or Day 3-4 are **\$680** and Day 1-4 is **\$1,270 Australian Dollars**

Register directly on our website for Auckland but please contact us to obtain these fees if you wish to register for online, livestream or attend in Australia. These fees only apply to NZ residents.

**Livestream:** Two-days highly interactive with breakout groups and includes one-month complimentary access to self-paced online to consolidate learning

**Self-paced online** Engaging three months access. Not a recording of a past live event.

**Day 1-4 (or 3-4) online modes** include complimentary access to a Trauma Case-Study Livestream applying skills to more real cases (2hrs + 2 hrs preparation)

Time commitment for Day 1-4: 34 hours for online modes and 28 for capital city

Please visit [www.talominbooks.com](http://www.talominbooks.com) for further details about Leah's books and this Day 1-4 trauma education. Watch Leah present an overview of Day 1-2 and Day 3-4

