

Let's Get Together

Creative Small Group-work & Circletime for Children's Emotional Well-being



Arts & Play Therapy in Education

- Do you have tamariki that you know would benefit from additional support to develop behavioural and emotional competencies?
- Would you like to enhance your skills to support tamariki through meaningful, purposeful and creative small group work and class circletime?

APTE can help you utilise an arts and play approach, with small group facilitation or whole class circletime, to support students mental health and well-being as they problem solve together, practise interpersonal skills, strengthen resilience and improve behaviour.

**This course will help you deliver the Child
and Youth Well-being strategy.**

'A playful approach to a serious subject'



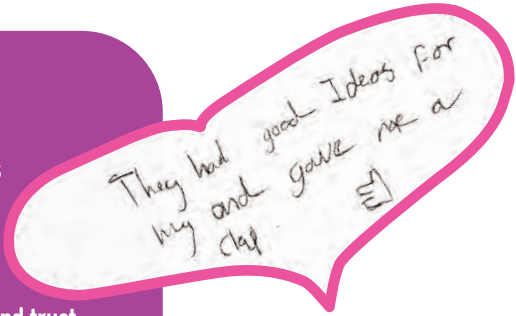
"If you never get help
with your feelings you not
be able to do somethings."

- Boy 9

To enquire or book, contact APTE's Trainer: Anna-Michele Hantler
• (021) 070 8765 • info@apte.org.nz • www.facebook.com/aptenz

This course will enable participants in schools and children's service settings to know how to:

- Plan, implement and evaluate for successful outcomes
- Use play and art materials to communicate feelings
- Plan for the stages of group life or class circletime
- Support individual targets and group aims
- Get started with directive techniques to build rapport and trust
- Integrate 'Quality Circle Time' rituals for structure and safety
- Utilise the group dynamics to build relationship skills
- Involve parents and carers in evaluation and feedback
- Create an atmosphere of fun, warmth and praise
- Get them back next week!



Who would benefit:

This course will enable adults with responsibility to promote positive health and well-being for tamariki in their care. The group and circletime techniques can be adapted for use within the classroom and individual therapeutic work.

Teachers, teacher aides, SENCO's, Wellbeing and pastoral care leaders, RTLb's, SWiS's, school counsellors, arts and play therapists, youth workers.



Dates: 30 & 31 March 2021

Times: 9.30am-3.30pm

Venue: Learning Network New Zealand,
214 Universal Drive

Henderson, West Auckland

Cost for 2 days : \$399 one attendee /
\$699 for two from same organisation.



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