



Waka Oranga Inc.
National Collective of Māori Psychotherapy Practitioners
Tāmaki Makaurau Auckland
Email: wakaoranga2007@gmail.com

E ngā waka, e ngā mana, e ngā karangatanga maha huri noa i te motu nei te mihi atu ki a koutou katoa!
Tēnā koutou, tēnā koutou, tēnā koutou katoa. Nau mai haere mai ki

Poutama 2021



The Poutama seminars provide learning steps that embrace Māori knowledge, promote Māori Health and create linkages to the growing diversity of interventions utilised within social and mental health communities in Aotearoa. Poutama are marae-based seminars delivered to provide excellent Māori professional development opportunities for a wide range of health-related disciplines. Scheduled dates are Saturdays 1 May and 13 November 2021.

Saturday 1 May 12.30pm - 5.00pm

Whaiora Marae, Otara, Tāmaki Makaurau

Presentation by Dr Alayne Mikahere-Hall

Cultural Congruency and Attachment: Findings from the Tūhono Māori Research Study

Abstract: For the most part Attachment Theory (AT) has assumed an uncritical position within child welfare services and psychotherapy here in Aotearoa New Zealand. New emerging challenges from Māori health practitioners are questioning the cultural congruency of AT with whānau Māori (Māori families). Tūhono Māori is an indigenous research project that investigated Māori concepts and understandings of healthy attachments. To do this we used Kaupapa Māori an Indigenous research methodology supported by appropriate qualitative methods to include pūrākau as a data collection method. The study set out to develop a contemporary Indigenous theory that will help to inform interventions for traumatised mokopuna Māori while promoting secure whānau relationships. This presentation brings together the design features of the study and key findings. It will include a discussion on the four research imperatives that are fundamental to this distinctively Kaupapa Māori research study to include decolonising, healing, transformative and mobilising agendas.



Dr Alayne Mikahere-Hall: Ngāti Whatua, Te Rarawa, Waikato Tainui is a founding member of Waka Oranga and a rūnanga member; a member of NZAP and a registered psychotherapist. Alayne is a senior lecturer and research fellow at AUT Taupua Whaiora Research Centre. She has a background in child mental health and actively advocates within the psychotherapy profession for cultural interventions to improve outcomes for Māori and Indigenous people. Alayne's research activities seek to advance culturally informed interventions in the areas of suicide prevention, psychological and emotional trauma, historical trauma and solutions to overcome the negative impacts of violence and trauma.



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Registration

Cultural Congruency and Attachment: Findings from the Tūhono Māori Research Study

Date: Saturday 1 May 2021

Time: 12.30 pm - 5.00pm

To Register: please *CTRL Click* [Register Online](#) or complete and return the form below by Wednesday 28 April

Cost: \$150.00 for non-members (enquiries about membership are welcomed)
\$90.00 for Members & Associate Members of Waka Oranga
\$40.00 for Taura Māori & Student Associate Members of Waka Oranga
[Fee negotiable for low income earners]

Venue: Whaiora Marae, Otara Road, Otara, Auckland.

Time: 12. 30pm - 5.00pm (light refreshments provided)

Name: _____

Iwi: _____

Occupation: _____ **Organisation:** _____

Email: _____ **Mobile:** _____

Payments must be received by **Wednesday 28 April 2021**

Direct Credit **Kiwibank: 38-9008-0372141-00**

(Please include your name and 'Poutama' with your payment, and print your own receipt)

to post cheque contact wakaoranga2007@gmail.com for postal address

Please email your registration form, or any queries to: wakaoranga2007@gmail.com

Certificates of Attendance will be provided at the end of the wānanga.

Ngā mihi ki a koutou katoa, Te Rūnanga o Waka Oranga.