

**MINUTES OF THE NZAP COUNCIL MEETING
HELD ONLINE VIA ZOOM
ON 21 AUGUST 2023 6.15PM – 7.50PM**

Present:

Gabriela Mercado (President), John O'Connor (President Elect), Delia Crozier, Catriona Cairns, Claire Miranda, Victoria Smith, Marianna Ackerman, Faye Gorman, Mihili Alexander, Luisa Maloni (Administrator).

1. WELCOME

The meeting opened at 6:15pm with a karakia and welcome from Gabriela. She reiterated that these monthly meetings are a trial and can be modified along the way.

2. RATIFICATION OF JULY MEETING MINUTES

No amendments were requested.

Gabriela Moved: That the minutes of the July Council meeting be accepted
—Carried

3. PRESIDENT'S REPORT (oral)

Psychotherapy Day

Gabriela and Jay Morris have organised for Professor Desa Markovic to do a live presentation online on Friday 22 September. Members can meet in their local branches to watch the presentation and then meet socially afterwards to celebrate Psychotherapy Day. Dunedin, Christchurch, Nelson, Hawkes Bay, Wellington and Auckland branches will be hosting this event.

President and President Elect visiting branches

Gabriela and John will be visiting the regions from now until June 2024. They will visit Auckland branch in October, and Wellington in November to present what they envision for the Association and invite discussion from members.

4. MATTERS ARISING

TTBAC on Council

Gabriela has been in conversation with Susan Horne who is happy to be co-opted onto Council to assist with the formation of the 2023 TTBAC as per the remit that was passed at the June AGM. Susan clearly established that she is not taking up on the role of Chair of TTBAC at this stage, but that she is happy to assist Council with the formation of the 2023 TTBAC.

Gabriela Moved: That Susan Horne be co-opted onto Council to assist with the formation of the 2023 TTBCAC.

—Carried

Name Change

Gabriela received positive feedback on the name change remit but also questions as to why voting on it couldn't wait until the 2024 AGM. She suggested to Council that we slow the process down by using the Special General Meeting to discuss the idea with membership and postpone voting on it until the 2024 AGM. There could also be a space at the 2024 NZAP Conference where membership can discuss this with Council.

Council had a deeper discussion around the name change possibility and shared different perspectives. It was agreed that more time was needed to discuss this and clarify Council's position on the name change. It was decided to make time to discuss this in depth at the in-person meeting in November (Nov 4-5) and to postpone the SGM until after this discussion.

Action: Gabriela to talk to Lynne about withdrawing her motion regarding the name change

Action: John O to talk to a lawyer he knows about possible legal requirements around the name change

Action: Gabriela to send a message to membership that the SGM will take place next year and that it will be to discuss the remit, not vote on it

5. REPORTS FROM COUNCIL (oral)

Honorary Secretary

Catriona reported that the constitutional changes required with the remits that were recently passed at the 2023 AGM need to be sent to the registrar at Incorporated Societies NZ. We need to send the old version and the new version and these need to be signed by 3 NZAP members plus an officer. Council agreed for Catriona herself to sign it as an officer, along with 3 other Wellington members of her choice.

Action: Catriona to check with Incorporated Societies about the meaning of ‘officer’

Honorary Treasurer

Delia reported:

- NZAP made their annual donation to Waka Oranga last week
- It was agreed with John Farnsworth and Jill Duffy that the Academy doesn’t need a separate account and that there are no extra tax considerations with the Academy, in that its main service is to provide advertising and we already do that.
- Financial statements could be ready for the AGM if we wanted to do it along with the conference in May 2024.
- Delia requested support with her position paper for the name change remit. Gabriela is happy to have a discussion with her

Chair of Ethics and Professional Standards Committee

Faye noted that it has been an active period for the committee. She meets fortnightly with John Savage who forms the other half of the committee at this time and they are actively looking for other potential committee members as well as developing processes for practice in their roles as Ethics committee members. They are discussing the educative function of the committee travelling around to branches and running ethics interactive evenings and asked if there is any financial support for this?

Action: Delia to speak with Faye about committee budgets

Faye also discussed the development of a legacy policy and a resource bank for terminally ill therapists handing over or closing their practice.

Action: Luisa to send Faye the articles she has found on pausing, closing and handing over practice when a therapist is ill or terminally ill

ACP Committee Chair

John is currently building on Diane Zwimpfer's draft for the PBANZ accreditation application and Luisa is helping to format this into a final document. The aim is to get this to PBANZ by the end of September. John reported an interesting korero with the committee and supervisors.

Public Issues

Victoria shared that John Farnsworth has withdrawn from the MHAA Committee due to the large amount of work required in the Academy. The hope was for John F, Claire Greensmith and Victoria to meet with the director of Allied Health later this year and so will need to find someone else to fill this role. There is an opportunity for Council members who are interested to attend a meeting on Te Tiriti run by Te Whatu Ora and based in Christchurch on the 13th September. You would need to pay for your flights.

Victoria remains on the Sexual Violence panel and unfortunately another NZAP member was turned down when she tried to join. They meet monthly and are currently overseeing new initiatives that will go in the new ACC contracts which will affect all ACC registered therapists next year as they will need to reapply.

Gabriela thanked Victoria for her work representing the NZAP.

Ata Journal

Wiremu and John have decided to slow down the publication of the next edition of Ata due to workload issues and the need for more copy. There are some good papers in the next issue and are currently being peer-reviewed. Wiremu and John are looking for someone else to join the editorial team and are exploring options.

Newsletter Editor

Marianna reported that with the changing of the web host, the creation of the Newsletter has shifted to Marianna, Luisa and Claire using 'Mailchimp'. Marianna and Luisa had training in this and Marianna thanked Council for approving the cost of this training. Also with the change, we no longer have access to previous Newsletters through our email versions- the images and links no longer work. However, Luisa believes that these have been saved in PDF form. There are plans to produce the newsletter as blog postings in the Members area of the website. This is still being finalised and needs work. This issue will go out with links to PDFs until the Members area blog is up to standard.

Website/Academy

Claire showed Council the working version of the blog which still needs work. The Academy site is still not looking better and Claire and her team are considering approaching another designer e.g. the designer of the DAPAANZ website. The Academy team has decided to delay the launch until next year perhaps before the Conference in May. John O is pausing from the Academy team and Lynne and Gabriela are joining.

Action: Claire to talk to John Farnsworth about the possibility of informing the membership about the delay in launch.

Administrator

Luisa shared some membership statistics:

We have 507 current members which is an overall loss of 4 members since the June meeting. However with the new members ratified today, we will have 513 members- an overall gain of 3 members. Since the last meeting we have 6 new members, 4 retired members, 8 members resign and 10 application packs sent out: 4 Full member, 2 Student, 2 Provisional with Interim Registration.

6. RATIFICATION OF NEW MEMBERS

The following memberships were ratified:

Motion: That the following applicants be re-ratified as continuing Student Members of NZAP, having completed all requirements:

TZACH MAYA CHIPMAN, Auckland

Motion: That the following applicants be ratified as Student Members of NZAP, having completed all requirements:

JANE CUNINGHAM, Wellington

YAN NEO LEE, Dunedin

Motion: That the following be ratified as a Provisional Member of NZAP, intending ACP, having completed all requirements:

LEA GODFREY, Nelson

Motion: That the following applicants who have Interim Psychotherapist registration, be ratified as Provisional Members of NZAP, having completed all requirements:

BEDE MACLAURIN, Auckland

Motion: That the following applicants who have full Psychotherapist registration, be ratified as Full Members of NZAP, having completed all requirements:

CLAIRE STAFFORD, Auckland

JENHAI WEEDING, Hamilton
SONJA BAUER, Napier

Retired:

Suzanne Timpson (Fully retired), Auckland
Barbara Kingsbury (Semi-retired), Auckland
Lynette Ringer (Semi-Retired), Hamilton
Allanah Church (Semi Retired), Auckland

Resigned:

Vaughan Jones, Auckland
Katherine Dold, Auckland
Martin Putt, Auckland
Jen Holmes Beamer, Nelson
Terry Ebeling, Dunedin
Jessica Tutty, Auckland
Judith Robinson, Auckland
Sharon Wilson, Christchurch

— **Carried**

7. CORRESPONDENCE

SOGICE Report

The SOGICE (Sexual Orientation and Gender Identity Change Efforts) report was received by Gabriela from the Research Group and tabled. This will be discussed at the next meeting in September.

Gabriela thanked the Research Group: Gavin Stansfield, Paul Wilson, Verity Armstrong, John O Connor and Crea Land for the enormous amount of work that went into this Report.

NZSL in Mental Health

Council received a letter from a student enquiring into the numbers of therapists who use NZSL and Council's plans for increasing access for psychotherapy to the Deaf community.

Action: Luisa to send out an inform message to all members asking if anyone uses NZSL.

Letter from Roy Bowden

This will be discussed at the September meeting

Gabriela ended the meeting with a karakia and acknowledged everyone's hard work.

Meeting closed at 7:50pm