

REPORT FOR THE NZAP AGM, JUNE 2023

From the NZAP Northern Branch

Monthly Branch meetings have continued, on a Thursday evening, being held in person, but for March 2022 due to Covid restrictions. Numbers have generally been in the 20s with a record of 54 attending John O'Connor's evening Thanatos presentation. John O'Connor and Gabriela Mercado organised the successful Saturday 25th March 2023 Thanatos Workshop which filled to 69 people. We have hired seven hours of videos showing Irvin Yalom working with clients and discussing his work from www.psychotherapy.net for 2023 and these are creating a lot of interest. Encouraging the AUT Masters students to attend has increased the sense of informal collegiality at meetings. See the attached Programme.

We made Branch membership and attendance free in 2022 and have now re-instated the \$45 membership fee, with students, Northlanders and retirees still being free. Branch finances remain healthy, the balance on 19/03/2023 being \$15,613.

Emma Green has left our team after three years' service and been replaced by Louise Player-Bishop.

Our Co-convening Team is now: Elizabeth Player-Bishop, Richard Fox, Cathy Langley (Treasurer) and Paul Wilson.

Kind regards,

Richard Fox

NZAP Northern Branch 2022-2023 Programme

2022

February	Keeping the Love of Learning Alive! Discussion
March	Internal Family Systems approach with Richard Fox
April	(Ka Mua Ka Muri - Wellington Conference- online)
May	Movie night: <i>Lucky</i> with Gerald Maclaurin
June	Art on the healing Journey – Amanda Levy, Heleina Dalton, Whitecliffe
July	Future-proofing Psychotherapy Training – Elizabeth Day, HOD AUT
August	Poetry Month with Emma Green
September	Movie night: <i>The Depressed Clown</i> .

October	The Analyst's Vulnerability – Karen Maroda podcast and discussion.
November	Setting up and maintaining healthy private practice – panel discussion.
December	Christmas Party!

2023 9th March - John O'Connor – Thanatos introduction

25th March – Thanatos Day

April Irvin Yalom video and discussion (hired from Psychotherapy Net)

May *Irvin Yalom video and discussion*

June

July

August Poetry Month with Emma Green

September

October

November Setting up and maintaining healthy private practice

December Christmas Party

Topics waiting:

Further Yalom videos and Film nights

Angie Rountree - Self Psychology, Practice finances – Sarah Mc Murray

Jan Haworth – Mindfulness Aotearoa