



Waka Oranga

National Collective of Māori
Psychotherapy Practitioners

E ngā waka, e ngā mana, e ngā karangatanga maha huri noa i te motu nei te mihi atu ki a koutou katoa!
Tēnā koutou, tēnā koutou, tēnā koutou katoa. Nau mai haere mai ki

Poutama 2024



Poutama seminars provide learning steps that embrace Māori knowledge, promote Māori Health and create linkages to the growing diversity of interventions utilised within social/mental health communities in Aotearoa. These marae-based seminars provide excellent professional development opportunities for a wide range of professionals.

Saturday 10 August 2024: 9.30am – 4.30pm

Whaiora Marae, 14 Ōtara Road, Ōtara, Tāmaki Makaurau

**Presented by:
Ambyr Folau**

Being in Harmony: Embodying Te Tiriti as a Tangata Whenua/Pākehā/Tangata Moana Psychotherapist in Aotearoa

Abstract: This presentation explores ethnic identity and lived experiences of becoming and being a psychotherapist in Aotearoa, beyond the boundaries of Western epistemology. The drawing upon cross-cultural perspectives of teaching, learning, ways of knowing and being through whakapapa, upholds Indigenous and Western knowledge systems as taonga. The sharing of inner and outer experiences as a Tangata Whenua/Pākehā/Tangata Moana psychotherapist hopes to provide relevant insight into the tensions, complexities, histories, contemporary realities and opportunities associated with practicing therapeutically in an increasingly multi-ethnic Aotearoa; and aims to contribute to the enriching and widening of the cross-cultural breadth of psychotherapy as a whole.

Ambyr Folau



Ambyr has worked in the field of Human Services in New Zealand and Australia for over 20 years, initially as a youth worker, social worker and psychotherapist since 2014. Currently in private practice based in Tāmaki Makaurau, Ambyr provides individual therapy, group therapy, program development, clinical supervision and training predominantly to Māori and Pacific Peoples. Ambyr holds a Master of Psychotherapy, Graduate Diploma in Psychosocial Studies, Graduate Certificate in Professional Supervision and Bachelor of Human Services majoring in family welfare studies. Her dissertation research through the AUT Master of Psychotherapy programme is titled *To Be Seen and Heard: The Lived Experience of Pasifika Students Participating in Psychotherapy Training in Aotearoa, New Zealand an Interpretative Phenomenological Analysis*. Ambyr is registered with the Psychotherapist Board of Aotearoa New Zealand, and is a member of the New Zealand Association of Psychotherapists, Waka Oranga and Tangata Moana Psychotherapy Collective.

To register, please use this link: [Online Registration Form](#) or complete and return the form below.

Enquiries to: wakaoranga2007@gmail.com

REGISTRATION FORM

Please use this link: [Online Registration Form](#) or complete and return this form
by **Thursday 8 August** to wakaoranga2007@gmail.com

Being in Harmony: Embodying Te Tiriti as a Tangata Whenua/Pākehā/Tangata Moana Psychotherapist in Aotearoa

Saturday 10 August 2024: 9.30am – 4.30pm

Cost: **\$150.00** for non-members of Waka Oranga (membership enquiries welcome)
\$90.00 for Māori Members & Associate Members of Waka Oranga
\$40.00 for Taura Māori/Student Members of Waka Oranga and other students in
social/mental health fields

(Cost is negotiable for low-income earners)

Venue: Whaiora Marae, 14 Ōtara Road, Ōtara, Auckland.

Time: 9.30am – 4.30pm (lunch will be provided)

Name: _____

Iwi: _____

Occupation: _____ **Organisation:** _____

Email: _____ **Mobile:** _____

Direct Credit **Kiwibank: 38-9008-0372141-00**

(Please include your name and 'Poutama' as references with your payment)

Post Cheque PO Box 334038 Sunnynook, Auckland 0743

(Cheque receipts can be provided at the wānanga)

Payments must be received by **Thursday 8 August 2024**.

Certificates will be handed out at the end of Poutama.

Please email your registration form, or any queries to: wakaoranga2007@gmail.com

Ngā mihi ki a koutou katoa,
Te Rūnanga o Waka Oranga
