

## PSYCHOLOGIST / PSYCHIATRIST / PSYCHOTHERAPIST

# CLINICAL LEAD

PERMANENT – up to 32 hours per week (0.8 FTE)



Mā mea ka kite a muri, mā muri ka ora a mua

*Those who lead give sight to those who follow, those who follow give life to those who lead*

**Do you have the passion to lead a highly effective and compassionate DBT team?**

**Our excellent and well-established internationally renowned residential DBT programme is in the process of integrating EMDR Intensive Trauma Treatment. We are looking for an experienced clinician to lead our team.**

Te Whare Mahana offers **New Zealand's ONLY** residential Dialectical Behaviour Therapy (DBT) programme for adults. Situated in Tākaka, Golden Bay, this internationally renowned programme treats clients who frequently experience high levels of distress and who have had little success with hospital and community treatments. Often, our clients have a diagnosis of PTSD/CPTSD as part of their complex presentations.

TWM's **National DBT Service** offers DBT for PTSD (Bonus) as its overarching framework. In addition to this, the service is in the process of integrating EMDR Intensive Trauma Treatment blocks into treatment.

The **Clinical Lead** will guide our multi-disciplinary team in the provision of high-quality evidence-based clinical treatment. This role requires proven and effective clinical and leadership skills. The clinical lead will be competent in delivering trauma treatment, including exposure therapy.

You will have the skills to guide the clinical team in preparing clients for exposure therapy and support the team to upskill their capacity to provide it themselves. You will have a willingness to familiarise yourself with standard DBT and Bohus DBT-PTSD skills training, if not already proficient.

If you are passionate about mental health, open to working in a great location (Tākaka, Golden Bay), and want to work in an innovative and nurturing culture, then consider this role and send your application to [HR@twm.org.nz](mailto:HR@twm.org.nz). A high level of resilience is required for this position.

**Benefits include** Flexibility in work schedule, paid prof./registration fees and an annual training budget; a contribution towards relocation and support to find housing will be provided. Salary will be offered in relation to the professional experience.

**Qualifications required:** Qualified and experienced Clinical Psychologist/Psychiatrist/Psychotherapist. You are registered with the appropriate NZ Board and hold a valid annual practising certificate.

Please read the detailed position description on [www.twm.org.nz/careers](http://www.twm.org.nz/careers).  
For further information please contact our Service Manager,  
Anja van Holten, Phone: Mon-Thu 027 369 3522 or email [avanholten@twm.org.nz](mailto:avanholten@twm.org.nz)