

**MINUTES OF THE NZAP COUNCIL MEETING
HELD AT NAUMI HOTEL, CUBA STREET, WELLINGTON
ON 15 JUNE 2024 9.00AM – 5.00PM
AND 16 JUNE 2024 9.00AM – 12.30PM**

Present: Gabriela Mercado (President), John O’Connor (President Elect), Delia Crozier (Honorary Treasurer), Catriona Cairns (Honorary Secretary), Claire Miranda (Web and Communications Committee), Victoria Smith (Public Issues Chair, ACC Rep), Marianna Ackerman (Newsletter Editor), Mihili Alexander, Susan Horne (TTBAC Rep), Kate Dent Rennie (Ethics Committee Chair), Luisa Maloni (Administrator).

1. WELCOME

The meeting opened at 9am with a karakia from Gabriela and check ins.

2. APOLOGIES

Kua tamō te rōpū Waka Oranga.

3. CONFLICT OF INTEREST

None reported

4. RATIFICATION OF MAY 2024 MINUTES

No amendments were requested.

Motion: That the minutes from the May 2024 Council meeting be ratified.

Gabriela
—carried

5. MATTERS ARISING

AGM Preparation- Name change for the Association

A process was discussed for managing the voting of the 6 name change remits submitted for the 2024 AGM. The first remit from the 2023 AGM regarding the inclusion of the name *Aotearoa* as well as changing *of psychotherapists* to *for psychotherapy* is distinct from the more recent 5 remits which all relate to the inclusion and placement of the word *Aotearoa*. Legal advice has been sought and it is constitutionally acceptable to discuss these 5 remits together as they are closely related. If consensus is reached on a preferred remit at the meeting, we can put that forward to vote, rather than voting on them all. This would avoid a potential splitting of the vote. Each remit will be read out and the mover and seconder will take turns speaking for their remit. Discussion will take place and people invited to share their preferred remit so a sense of consensus can be attained. Movers and seconders could also withdraw their remit based on this sense of consensus if they wish. If a clear consensus is reached, we will vote on the preferred remit, or if a consensus is not reached, we will vote on the remaining remits after any have been withdrawn. Then we will consider Remit 1 separately, with the mover and seconder speaking to the remit and discussion with the group

will follow. We will vote on this remit and ascertain which remit has passed with majority. Legal advice confirms this is the appropriate way to approach these remits.

We have received 2 nominations for ordinary members- Jo McKenzie from Dunedin and Kathryn MacKenzie from Christchurch

Council was delighted to learn that the Christchurch branch has been reinvigorated, after Gabriela and John's presentation of 'Breaking Bad' to the Christchurch branch, and it is meeting again.

Action: John to ask a member from the Christchurch branch to write something for the newsletter.

Digital Communications

Claire shared her Digital Communications report which outlined a potential vision for the Association and the ways we could improve communication with membership and the wider community.

Council discussed the nature of our purpose and vision and the way it could help us to focus on strategy at Council meetings rather than the operational concerns that could be achieved in between meetings. Council discussed the relevance of our old vision statement which came out of the 2015 strategic planning day. Recently Council has discussed NZAP: being a home for psychotherapy/ists; regulatory vs non regulatory; building our capacity to associate; provision of platforms for people to think and engage with each other.

Council discussed the way communications could be enhanced, including the use of online colloquiums similar to IAARP – discussions that are time limited and moderated where people can opt in and out depending on the discussion. The Association will need a team to manage this process effectively. Potentially, an expert could be employed to help map out our digital presence.

John thanked Claire for her energising report.

Action: John, Claire and Mihili to meet together to discuss a vision for the Association to bring to the October meeting of Council.

The Future of Connect

Connect is a place where people can share and discuss topics informally and spontaneously, but this has also led to hurtful conversations and has at times ostracised new members engaging for the first time.

Council discussed trialling colloquiums as a potential alternative or in addition to Connect which would require 2-3 moderators for each discussion. Often a panel starts the discussion.

Action: Claire and John to brainstorm ideas for topics as part of their vision working group and bring people in with an interest in that topic for a panel.

Noticeboard could potentially expand to include notices e.g. referrals, rooms available. Moderation would help to create a safer space on Connect in the interim.

Motion: that Connect will be moderated from the 17th of June for a trial period until the 12-13 October Council meeting

Gabriela/Claire

—carried

Action: John, Claire and Gabriela to draft an announcement to membership (via Inform and the Newsletter) that while we are in the process of developing new ideas for connection and communication, the Connect email group will be moderated.

Action: Claire to moderate Connect with help from Gabriela and potentially others, until the October in-person meeting.

Action: Gabriela to contact a potential moderator to support Claire, and **Kate** to help during the period that Gabriela is away (28 June to 22 July).

Action: Claire to contact Cathy Hicks from IAARP about the job of moderation- what it involves.

The Future of NZAP Conference

In the review report for conferences, a trial of biennial conferences was recommended. After 6 years of this trial, Council discussed the potential future of NZAP conferences.

Branches previously used to host conferences, but we have had a chance to trial ‘interest groups’ which are made of NZAP members across Aotearoa who are interested in a theme/topic. Without the resources of a branch, it can be difficult to navigate all the aspects of event planning and execution.

Council discussed the need for an events committee that could generate ideas for conference and events and work alongside a paid conference events planner, to support conference organising committees so that they can focus on content and speakers, while the venue, catering, IT, marketing, dinner/dance event can be organised by the events planner. There could be a liaison on the events committee to Council. Pre conference and post conference workshops could create some income to pay for the events planner.

Annual conferences fit with our goal/vision of associating more. Conferences and events can inspire new conference committees to emerge.

Motion: to finish the trial period of biennial conferences and that the NZAP Conference is reinstated as an annual event.

Gabriela/Victoria

—carried

Motion: that NZAP employ an events planner to assist groups arranging conference

Victoria/Catriona

—carried

Motion: create a committee named the ‘Events Committee’ that actively generates initiatives from members leading to the running of events, and who will have a representative on council

Catriona/Victoria

—carried

Discussion: The Events planner will need to be paid out of the conference budget. A decision will need to be made about any profit made from the conference. In the past 50% of any profit from conference went to the branch and 50% went to NZAP e.g. into the education fund. If there is no branch involved- this will need to be considered.

TTBAC

Welcome to Graeme McCartney who joined the meeting, in support of Susan for her report, after lunch at 1:50pm.

Susan revisited the review document to help clarify tasks ahead for the committee.

Firstly, they would like to take ‘Advisory’ out of the name of the committee, to remove the parental intonation it implies. She shared an informal name they used, gifted by Donny Riki and Ivy Churchill, *Whakaoho Aroha* - which translates broadly as ‘to awaken or startle with love’

Motion: that the TTBAC change its name to Whakaoho Aroha/Te Tiriti Bicultural Committee

Susan/Victoria

—carried

Susan and Graeme shared ideas for enhancing biculturalism in NZAP including, using a tuakana/teina model for the committee, promotion of relational change, promotion of PD in cultural knowledge and supervision, promotion of whanaungatanga when we meet, building resources, and support of Waka Oranga.

The committee needs about 4-5 members, representing the North and South Island.

Action: Susan to write something for the newsletter to seek expressions of interest for this committee, alongside **Council members** shoulder tapping people they may think suitable.

Gabriela thanked Susan and Graeme for this work.

Incorporated Societies Act 2022

Catriona gave out a report outlining the requirements of the new act for NZAP. As she is moving on, this work will need to be picked up by the new Honorary Secretary with the support of Council and administrator. She has made a start making amendments to the current constitution and will pass that over to the new Hon Sec. These changes will need to be made by the 2025 AGM.

Annual Membership Certificates

Luisa shared the new AMC wording for different membership levels and registration status.

Motion: that Council approve the amended wording on the AMC for registered psychotherapists

Catriona/Kate

—carried

Council discussed the nature of how these requirements relate to our way of regulating members. Should we be focusing on other things? These operational matters could be dealt with outside of Council meetings.

Action: John and Claire to include the nature of our Association as regulatory and non regulatory in their vision working group and bring back to Council.

SOGICE Report

John reported that there was a respectful hui about our response to the SOGICE report recommendations which was then sent out via inform. John and Gabriela have invited feedback until the end of July. (No written feedback has been received so far, since the Zoom hui). The next steps will be to email the Rainbow Rōpu to consult with them about the apology. There will be further discussions with Council about the format and form of that as well as the updated policy statement.

Gabriela thanked John for the thinking put into this process.

6. FINANCIAL REPORT AND BUDGET

Further to the report Delia noted that:

The Financial statement for 2023-4 shows a slight decrease in our income (largely due to extra income from the 2022 conference in the previous statement), a slight drop to income from subscriptions, a slight increase in expenditure (largely due to legal fees), and a doubling of interest earned due to higher interest rates.

The 2024 conference will be included in the 2024-25 statement. It is still being finalised but is looking close to breaking even. The committee was able to find ways to cut costs and hadn't accounted for the reimbursements from Council for the 10 subsidised places. When finalised, the account will return to zero.

Proposed budget

Although our expenses budget is higher than anticipated income, we have remained under budget due to some committees not drawing on their funds.

The following changes were agreed upon:

- Lowering the newsletter budget as expenses have been going down
- Lowering the Ata budget as there will only be 2 issues of Ata this year
- Including a budget of \$10,000 for potential costs related to the name change and improved digital communications. This budget item will be referred to as Digital Communication & Design

- Increasing the Whakaoho Aroha/TTBC committee budget to \$4000 as there will be increased activity
- Increasing the website development budget by \$1000 for improvement
- Council agreed in principle for payment of an event planner for future conferences and events.

Motion: that Council accept the proposed budget with the amendments that have been discussed today

Delia/Catriona
–carried

Council thanked Delia, for the enormous amount of work she has put into her role, with a round of applause. Gabriela thanked Delia for her expertise and dedication to role.

7. MEMBERS TO THANK AND RECOGNISE

Council would like to thank the conference committee and in our thanks to Paul – congratulate him on his efforts to balance the budget as Treasurer.

Action: Catriona to send cards to the members of the conference committee: Claire Virtue, Verity Armstrong, Sally-Anne Thomas, Paul Wilson and Gavin Stansfield.

Victoria thanked Council and the Wellington branch for her treasured DSA.

Gabriela has sent each ACP member a card and gift for their work on the PBANZ Accreditation application: Catriona Cairns, Diane Zwimpfer, Sue Morrison, Helen Florence and John O'Connor.

8. DSA AND TE TOHU O TE PIHI

Whakaoho Aroha/TTBC or Waka Oranga decide who gets Te Tohu o te Pihi awards and lets council know. The new committee may want to go forward with this in choosing new candidates for the award.

Suzanne Johnson has accepted her DSA and will receive it at the Wellington branch, as well as being announced at the upcoming AGM.

9. CONFERENCE 2025

An unconfirmed group of people, in response to the conference, are interested in organising a conference for 2025. This could be the first conference to employ an events planner.

10. ACTION LIST (see action list for details)

Completed and ongoing action items were noted. The following items were commented on:

4. Action: John to look for other potential names for Governance training- e.g. Dianne Jones, *Psychodramatist*). John has tried to track down Dianne Jones. Council discussed

whether this was still something they wanted. This action point will be deleted for now and it could be returned to as part of the discussion around vision.

5. John and Verity to continue their conversation about the *Supervision Handbook including cultural supervision*. John will email Verity and bring back their discussion to the next meeting.

The meeting closed with time for reflection at 5pm and opened at 9am Sunday.

11. CLIMATE CRISIS AND THE NZAP

Claire reported that Silvia Purdie is trying to get a climate focussed group together and is holding a meeting with a network of mental health professionals next week. Claire is involved with this along with Michal Apathy and she will send an invite to Council members.

Council discussed the importance of working together to sustain the energy needed to face the issues related with the Climate crisis. Providing (ways?) to help mobilise and connect people is something that will need to be included in our discussion around our vision and strategy. This is something concrete we can do as an Association, alongside initiatives in our processes that help us to consider our impact on the environment e.g. ways to reduce our impact during events and meetings.

Gabriela thanked Claire for helping us to think about this painful topic.

12. REPORTS

Gabriela moved that all reports be approved as received.

–Carried

President's report – Council thanked Gabriela for the kind words of appreciation in her report for the members who are leaving.

Correspondent attending conference

Gabriela has spoken with this correspondent who has apologised for attending conference, through the purchase of a Waka Oranga ticket.

Luisa apologised for not setting up a robust process to avoid this situation.

Correspondence from Waka Oranga

Gabriela liaised with the conference committee and sent out a letter of apology to attendees regarding the above but did not include a formal apology to Waka Oranga.

Gabriela has spoken with Verity and acknowledged that we should have spoken directly with Waka Oranga regarding this.

RELATIONSHIP WITH WAKA ORANGA AND NZAP

Throughout the past year, Gabriela and Waka Oranga have maintained communication on an as-needed basis through the use of Whatsapp. This has been very successful and may be something to continue. Verity and Anna will rejoin us at the in-person meeting in October, and further to that, one of them will join every second monthly meeting online.

Council discussed the request from Waka Oranga to rename the \$4000 budget for the He Ara Māori ACP Pathway, as koha instead. Council agreed that koha is a completely different cultural paradigm and in an attempt to readdress colonisation and support them we could add this to our current donation (of \$6000) instead of creating conditions for its use.

Motion: that the \$4000 used for the He Ara Māori ACP pathway be given as a donation.
 Catriona /Gabriela
 —**carried** (one abstain)

Action: Gabriela to write a letter to Waka Oranga confirming the change of donation from \$6,000 to \$10,000.

Honorary Secretary Report – Catriona had nothing further to report. Gabriela said how much she will be missed.

Ethics and Professional Standards Committee Report – Further to the report, Kate has now had 3 enquiries. She will meet with committee members Penny Kennett and John Savage next month to discuss what they want to achieve.
 Gabriela shared her delight in Kate joining Council and is happy to continue to support her in her role.

ACP Committee Report – The ACP committee are very pleased that PBANZ have accepted NZAP's application for accreditation. They recently held a celebration via Zoom that was attended by people involved with the ACP pathway, and its predecessor 'Admissions' as well as people interested in joining the pathway.
 The committee hope to develop the ACP. There are ideas to develop a pre ACP course but there will be a need to build resources to increase supervisors and markers etc...
 Council thanked John and the committee with a round of applause and agreed that accreditation was crucial to increasing the vibrancy and relevancy of our Association.
 John thanked Council for their support.

Public Issues Report – Further to the report- Victoria may host one final ACC meeting for providers. Victoria is happy to talk with anyone who wants to take over as AHANZ representative and recommends that NZAP meets with the new Minister of Health to tell him what we can do for the sector.
 Victoria thanked Council for trusting her with these roles.
 Council thanked Victoria for carrying so much for the Association on her own in very difficult circumstances, and particularly for her amazing work during the pandemic.

Academy Report – Further to the report, Council looked at the Academy website and liked how it visually linked to the NZAP website. It now needs to be tested. This work is on hold as John Farnsworth is taking a break. People are needed to help on this team.
 John O is happy to be sounding board for Claire when he returns from holiday.
 Gabriela thanked Claire and John Farnsworth for all their work developing this.

ATA report – Further to the report, John gave his apologies to Council and the membership for the lack of a published issue this year. The current issue has 4 articles, and this may be published in early August. Another issue later this year will be based on the conference.
 A message will go out to membership for expressions of interest to join the editorial team.
 Gabriela acknowledged all the work John has been doing for the Association.

Council thanked John and acknowledged the impact of Toni Shepherd's passing.

Newsletter Report – Further to the report, Marianna acknowledged that the July issue of the Newsletter would possibly be her last issue but could potentially run the October issue if no one could be found to take over in time.

Marianna thanked Luisa and Shoba Naiyar for her copy editing.

Action: Gabriela to consult with Marianna on the timeline for her replacement as Editor.

Gabriela thanked Marianna for her perseverance through new processes and ill health.

Marianna thanked Gabriela for her support throughout her time as editor.

Website/Communications Strategy Report — See discussion under Matters Arising 'Digital communications'

Administrator Report – Further to the report, there has been a notable increase of student membership.

Council thanked Gabriela for her work encouraging student membership.

Gabriela thanked Luisa for being the warm face of the Association.

TTBAC Report — See discussion under Matters Arising- TTBAC

13. RATIFICATION OF MEMBERSHIP

Gabriela moved that the following members be ratified —

Motion: That the following applicants be ratified as continuing Student Members of NZAP, having completed all requirements:

TANYA PHILLIPS, Dunedin (Transactional Analysis working towards certification)

Motion: That the following applicants be ratified as new Student Members of NZAP, having completed all requirements:

MARI COLBERT, Christchurch (Hakomi)
SARAH DAVIES, Wellington (Transactional Analysis)

Motion: That the following be ratified as Provisional Members of NZAP, intending ACP, having completed all requirements:

CLARKE MILLAR, Wellington
CLARE VIVIAN NEAL, Tākaka

Motion: That the following applicants who have interim Psychotherapist registration, be ratified as Provisional Members of NZAP, having completed all requirements:

CHLOE OSBORNE, Auckland

Motion: That the following applicants who have full Psychotherapist registration, be ratified as Full Members of NZAP, having completed all requirements:

ISOLDE GRUNWALD, Auckland (Moving from Provisional to Full membership)
ANDREA BENTLEY, Auckland (Moving from Provisional to Full membership)

INGRID GUNBY, Christchurch (Moving from Provisional to Full membership)

Motion: That a Provisional Member, who has left the ACP pathway be removed from the Register.

Motion: That student members, who have not submitted their Annual endorsement form for 2024 be removed from the Register.

Retired:

Corinna Friebe, Auckland, Semi-Retired

Resigned:

Lynne Fletcher (Student) Wellington
 Emma Harris (Full) Auckland
 Simon Banks (Full) Auckland
 Brian Hunt (Full) Australia
 Sandra Altman (Full) Auckland
 Anne Hemapo (Full) Christchurch

Passed Away:

None this period

—carried

FUTURE OF OUR MEETINGS

As our new Council are mostly based in Auckland the 12-13 October meeting will now take place there.

Council reviewed the Monthly meeting process and agreed to carry on with monthly meetings with the following improvements:

- keep the focus of meetings strategic and attend to minor operational needs through the Council and Executive email groups
- if on a particular month, a meeting is not needed, it won't be held
- keep to the time frame agreed upon

NEXT MEETINGS

July 15 - Online meeting 6:15pm-7:45pm
 August 19 - Online meeting 6:15pm-7:45pm
 September 16 - Online meeting 6:15pm-7:45pm
 October 12-13 – Kanohi ki te kanohi meeting in Auckland
 November 18 - Online meeting 6:15pm-7:45pm
 December 16 - Online meeting 6:15pm-7:45pm

The meeting finished at 11:50 with farewells to leaving members.