

Suggested ACP Pathway Reading list to start with



Blumenfeld Hoadley, J, Calvert, S, Restivo, G, Thorpe, M (2016) Three Approaches to Psychotherapy in Aotearoa New Zealand Ata: Journal of Psychotherapy Aotearoa New Zealand 20 (2) 111-128 DOI: 10.9791/ajpanz.2016.11.c New Zealand Association of Psychotherapists Inc

Bramley W (1996) The Broad Spectrum Psychotherapist. Free Association Press

Brodie, B (2020) Object Relations and Intersubjective Theories in the Practice of Psychotherapy. Routledge

Farnsworth, J & MacLaurin, G (2015) Practical Psychodynamic Formulation Ata: Journal of Psychotherapy Aotearoa New Zealand 145 – 158 DOI:10.9791/ajpanz.2015.14.c New Zealand Association Of Psychotherapists Inc

Gabbard, G (2004) Long Term Psychodynamic Psychotherapy: A Basic Text American Psychiatric Publishing, Inc. Arlington

Hinshelwood, RD (1988) Psychodynamic Formulation in Assessment for Psychotherapy. <https://www.nhs.uk/media/222915/Psychodynamic%20Formulation%20in%20Assessment%20for%20Psychotherapy%20R%20D%20Hinshelwood.pdf>

Lemma, A (2016) Introduction to the Practice of Psychoanalytic Psychotherapy. Wiley Blackwell

Lingiardi, V and McWilliams, N (2017) Psychodynamic Diagnostic Manual, second edition, PDM2. The Guilford Press

McWilliams, N (1999) Psychoanalytic Case Formulation. Guilford Press

McWilliams, N (2004) Psychoanalytic Psychotherapy. Guilford Press

Quatman, T (2015) Essential Psychodynamic Psychotherapy: An Acquired Art. Routledge, NY