

## **Suggested ACP Pathway Reading list to start with**

Blumenfeld Hoadley, J, Calvert, S, Restivo, G, Thorpe, M (2016) Three Approaches to Psychotherapy in Aotearoa New Zealand *Ata: Journal of Psychotherapy Aotearoa New Zealand* 20 (2) 111-128 DOI: 10 9791/ajpanz 2016 11 c New Zealand Association of Psychotherapists Inc

Bramley W (1996) *The Broad Spectrum Psychotherapist*. Free Association Press

Brodie, B (2020) *Object Relations and Intersubjective Theories in the Practice of Psychotherapy*. Routledge

Farnsworth, J & Maclaurin, G (2015) *Practical Psychodynamic Formulation* *Ata: Journal of Psychotherapy Aotearoa New Zealand* 145 – 158 DOI:10 9791/ajpanz. 2015.14 c New Zealand Association Of Psychotherapists Inc

Gabbard, G (2004) *Long Term Psychodynamic Psychotherapy: A Basic Text* American Psychiatric Publishing, Inc. Arlington

Hinshelwood, RD (1988) *Psychodynamic Formulation in Assessment for Psychotherapy*.  
<https://apanz.org.nz/wp-content/uploads/2025/02/Hinshelwood-R.-1991.-Psychodynamic-Formulation-in-Assessment-for-Psychotherapy.-British-Journal-of-Psychotherapy.-82.-pp.-166-174.pdf>

Lemma, A (2016) *Introduction to the Practice of Psychoanalytic Psychotherapy*. Wiley Blackwell

Lingiardi, V and McWilliams, N (2017) *Psychodynamic Diagnostic Manual, second edition, PDM2*. The Guilford Press

McWilliams, N (1999) *Psychoanalytic Case Formulation*. Guilford Press

McWilliams, N (2004) *Psychoanalytic Psychotherapy*. Guilford Press

Quatman, T (2015) *Essential Psychodynamic Psychotherapy: An Acquired Art*. Routledge, NY