

REPORT TO APANZ AGM, JUNE 2025

Current financial status of APANZ

The following is the current financial status of the APANZ bank accounts broken into 3 categories – Operating, Education and Training as at 31 January, 2025. All accounts are with Kiwibank apart from the PayPal account.

Operating Accounts:

Operating Account (00) - \$79,701.55
Petty Cash Account (11) - \$882.00
On-Call Account (08) – Operating Reserve – \$19,108.10
Term Deposit (19) – Operating Reserve - \$31,963.37
Term Deposit (23) – Operating Reserve - \$31,740.85
Total Operating: \$163,395.87

Education Accounts:

On-call Account - Education Fund (Main) (07) - \$24,400.81
Term Deposit (02) – Education Fund - \$150,000.00
Term Deposit (06) - Education Fund - \$15,000.00
Total Education: \$189,400.81

Training Accounts:

Training Account (09) - \$10,980.32
Conference & Professional Development (24) - \$11,440.18
On-Call Account (12) - Training Reserve - \$9,445.87
Term Deposit (15) - Training Reserve - \$14,129.96
Total Training: \$45,996.23

PayPal - \$83,434.96

APANZ Total Funds: - \$482,227.87

Notes

Term Deposits

The Education Fund Term deposit has been invested for a one year term which expires on 6 April 2026. The rest of the Term Deposits are in short-term investments.

2024/2025 Financial Statement

A financial statement is in the process of being prepared for the year ended 31 January 2025 as per financial reporting requirements under APANZ constitution. The statement will be able to be found on the APANZ website once the accountants have finished checking year end figures and this report will be updated prior to the AGM and redistributed to the membership.

Budget

Although our expenses budget is higher than anticipated income, we have remained under budget due to some committees not drawing on their funds. There have been a few minor changes to the budget listed below.

Income

There have been minor adjustments made to the budgeted income for 2025/26. The most notable adjustment is the reduction in projected income related to advertising on the APANZ website (\$3,500 to \$1,500). We are hoping that this will eventually be balanced out by advertising revenue generated on the Nexus site budgeted at \$3,000.

Expenses

Similarly, there have been minor adjustments to the expenses budget. These mainly reflect a general increase in cost-of-living expenses.

The more notable increases are as follows:

- The Whakaoho Aroha/TTBC budget has been increased from \$4,000 to \$8,000 to allow for travel and hosting hui.
- Accounting and auditing have increased from \$4,000 to \$5,500
- Conference advance \$0 to \$2,000
- Legal expenses \$500 to \$3,000. This budget was increased making provision for Council to seek advice regarding the legal and constitutional requirements related to changing the name of the organisation from NZAP to APANZ. This year we will be required to update the constitution again in order to comply with the updated Incorporated Societies Act (2022).

- There is a new budget line for licensing / application fees \$1,200
- Subscriptions have increased from \$5,500 to \$7,000
- Ata Journal expense has decreased from \$22,000 to \$17,000 as there has only been one issue per annum recently.
- President's general expenses from \$1,500 to \$3,000

Other important budget changes

Public Issues Media Training

The Mental Health and Addictions group has been renamed Public Issues and the general budget changed from \$2,650 to \$2,000. We are grateful that we to have a Public Issues Committee led by Rick Williment taking the voice of APANZ into the public arena. There appears to be a growing need for this, as serious changes to mental health service delivery is increasingly marginalised. A budget of \$5,000.00 has been allocated under Public Issues for media training. This will facilitate this committee or any other member of Council accessing media training in service of effectively communicating a psychotherapy perspective to a broader audience.

Administrative Support for the President

At the May 2025 Council meeting a motion was unanimously passed making a \$5,000.00 provision for the President of APANZ to access administrative support as needed. The President's role can be time consuming. Council would like to support those in this role as best they can by providing funds so that an admin assistant can be contracted on a discretionary basis.

Waka Oranga Koha

Historically APANZ has paid Waka Oranga a \$6000 koha, and a \$4,000 expense budget allocated to the He Ara pathway. These monies are now amalgamated and APANZ pays an annual koha of \$10,000.

Subscriptions

Income from Member subscriptions totalled \$ 141,226.43 which was up 4.89% on last year's total of \$134,486.25. All but four subscriptions had been paid in full by the end of the financial year.

A motion was moved and unanimously passed at the May 2025 APANZ Council meeting requesting that members who apply for a reduced membership fee based on earnings under \$30,000 from all sources, provide an IRD statement supporting this. Council acknowledges that invoices for subscriptions are issued in April and members may not have their income statement from the immediate past year finalised. On that basis, it is acceptable to provide a statement from the year prior.

Conference - Sex, Society, and the Self: Navigating the Shoals

There were 103 registrations for this conference in May 2024. At the time of publishing this report final accounts for the conference were not yet available. These conference figures will be made available prior to the AGM.

APANZ Education Fund

Submissions opened in September 2024 to apply for the 2025 APANZ Education Fund. The committee met in November to discuss the applications and the following applicants were successful – Robert Ford \$3,000, Anna Fleming \$3,000, Verity Armstrong \$3,000 and Julianne Engels \$1,000.

This year the education committee agreed that they would open submissions in August, with the view to meet late September/early October to decide on recipients for the 2026 Education Fund. This will permit a more spacious timeframe to consider applications. Previously the committee has met in November which is a very busy time of year for everyone.

Thanks

I could not have stepped into this role without the patient accompaniment of Jill Duffey from SBA Cashel. Jill assists with the day to day accounts, processes and compliance and has been so wonderfully supportive to me. Thanks also to Delia Crozier and Luisa Maloni for their mentorship. I would also like to express my sincere gratitude to Carmel Lai our very capable administrator whose initiative, warmth and capability has made learning alongside each other a real joy.

Mauri ora,

Jane Tuson, APANZ Honorary Treasurer
Jill Duffey, Bookkeeper, SBA Cashel, Christchurch
Attached: 2025/2026 Proposed budget