

“Attachment, Adoption, and Intergenerational Connections: blind truth, frozen in time, I don’t want to think about it”.

An experiential workshop will be offered, covering the sunshine and shadows, the myths and legends, the secrets and lies, in use even nowadays in adoption and adoption reunion relationships, with a focus on last century’s pakeha adoptions which still affect people’s children and their grandchildren today.

I plan to consider psychological concepts in adoption and fostering attachments; neuroscientific research on the unborn, infants and young children; whangai practices; and measures to help people to know more about how to maintain their mental health in the face of adversity, due to the Pakeha adoption processes. The laws and practices during over a century of these human endeavors have shadowed attachments in many many families.

Ann Nation’s Biography



Ann Nation, a Wellington psychotherapist, family therapist, counsellor, supervisor works privately as a bicultural relational clinician, specialized in abuse, trauma therapy, adoption and child and adolescent psychotherapy.

Over 40 years previously she has worked in psychiatric care, school counselling, state child mental health services and state adoption services.

She is a family person who enjoys her mokopuna.